Hunker Down/Stay in Place
Emergency Preparedness Supplies

PLAN ON A ONE WEEK SUPPLY:

- **Water**: One gallon per person per day, for drinking and sanitation
- **Nonperishable Food Items** and can opener
- **Battery Powered Radio** and extra batteries
- **Whistle** to signal for help
- **Flashlight** and extra batteries
- **Disposable Gloves**
- **Fully Charged Cellphone**
- **First Aid Kit**
- **2-Week Supply of Medication** If refrigeration is needed, have a small chest with freezer pack
- **Moist towelettes, garbage bags and plastic ties** for personal sanitation
- **Pet Supplies**

ADD YOUR FAVORITES AND THE LIST IS COMPLETE!