

The Passaic County Adult Day Care is a social day program for senior citizens emphasizing social, recreational, and health-related activities in a group setting. Adult day care is one of the best options for adult caregivers who are in need of regular reprieve so they can work, attend appointments, complete errands, and other day-to-day responsibilities.

This is an affordable alternative to placing an aging loved one in assisted living or other long-term care facilities. This program is made possible by funds provided by the Passaic County Board of County Commissioners through the Department of Senior Services.

### ELIGIBILITY

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To be eligible, you must be:

- 60 years of age or older
- Have permission from your physician to attend the program
- Alert and mentally aware
- Must not be a Wander Risk
- Continent and able to take care of bathroom needs
- No acute psychotic symptoms
- Free from disruptive behavior that can harm self or others
- Free from communicable disease
- Must be able to feed self

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*Meaningful Activities  
New Friendships  
Peace of Mind*

A DIVISION OF THE DEPARTMENT  
OF SENIOR SERVICES, DISABILITY  
AND VETERANS AFFAIRS

930 Riverview Drive  
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Totowa, NJ 07512

Phone: 973-569-4080  
Fax: 973-256-5718

[www.passaiccountynj.org/adulthoodcare](http://www.passaiccountynj.org/adulthoodcare)

## OUR PURPOSE

The purpose of the Passaic County Adult Day Care Program is to provide a safe, supportive, and structured program of services to residents aged 60 and older. The program is designed to promote participants' social, physical, and emotional well-being.

The Passaic County Adult Day Care Program provides our participants with a variety of recreational, health, and social programming in a group setting. These programs foster social engagement, improve overall wellness, and provide meaningful opportunities for interaction. By supporting both participants and their families, the program enables continued involvement in the community and enhances quality of life.

To contact the Adult Day Care Program, please call 973-569-4080.



The Adult Day Care Program includes:

- **Recreation**
  - Daily Exercise
  - Arts and Crafts
  - Music Appreciation
  - Discussion Groups
  - Sing-Alongs
  - Action Games
  - Monthly Theme Parties
  - Trips to Camp Hope
  - Bingo
  - Guest Speakers
- **Nutrition Services**
  - Morning coffee and snack
  - Hot, nutritious lunch
- **Information and Assistance**
  - Health referrals
  - Social service referrals
- **Health Maintenance**
- **Individual & Group Counseling**
- **Socialization**

## OUR HOURS

The Passaic County Adult Day Care Office is open Monday through Friday from 8:30am to 4:30pm.

Program hours are Monday through Friday from 9:00am to 1:30pm.

## PROGRAM COST

There is no fee for the services offered at the Passaic County Adult Day Care Program. Donations are accepted.

*Anyone receiving services has an opportunity to contribute to the cost of the services but there is no obligation to contribute and all contributions are purely voluntary. Your privacy and confidentiality with respect to this donation will be protected and services are not affected by the ability or lack of ability to contribute.*

## TRANSPORTATION

Transportation to and from the program may be provided by Passaic County Paratransit Services if you or your family are unable to do so. Please call 973-569-4080 for more information.